

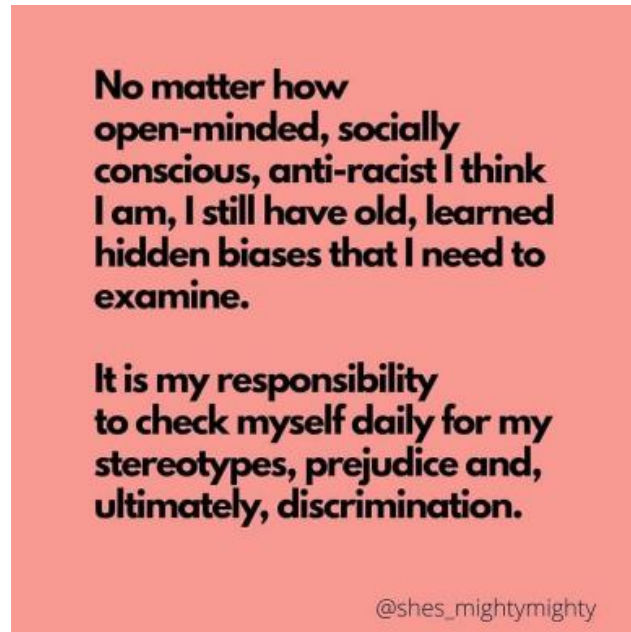
## Church of the Beloved Ecumenical Catholic Communion

**“To love and be loved”**

### **Resources and actions to aid those who seek to understand, learn more and do more about the impact of racism on Black, Indigenousness People of Color (BIPOC) \***

\*This resource list is a work of love. It is presented with humility, and the knowledge that it is just a beginning and not complete. May the list and all it contains be approached in a spirit of genuine curiosity, humility and compassion. Please contact us to add to this list. Feel free to borrow and share, attributing sources you chose to use and quote.

In gratitude to all who have taken time to contribute!



*(An anti-racist person is someone who is opposed to racism.)*

### **To understand, learn more, and do more, you can....**

#### **1. Read an article**

[An open letter to my fellow white Americans](#)

[Tips for Talking to Your Kids About Privilege and Racism](#)

[You Want a Confederate Monument? My Body is a Confederate Monument](#)

[The Atlantic: Spring 2018 Special Edition The Life and Words of Dr. Martin Luther King](#)

[Here are five ways for Catholics to deepen their commitment to working against racism.](#)

[Black People Are Crying Out for Breath. Why Can't They Be Heard?](#)

[Seattle Times: Do We Need A New Green Book?](#)

## 2. Read a book

[Sojourners Anti-Racism Reading List](#) Please note. There are several excellent reading lists. This one contains several of the recommendations on most of the lists. ECC Deacon Joan Crawford of the Reconciliation and Truth Commission highly recommends one book on this list as a starting place: **The Warmth of Other Suns**

My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies by Resmaa Menakem MSW, LICSW, SEP - Central Recovery Press, 2017

[Looking for books about racism? Titles for adults and kids](#)

## 3. Watch a TV Show, Movie or Documentary

[29 Movies, Shows, and Documentaries to Watch to Educate Yourself on Racial Injustice](#)

Movies- Recommended starting places...

Just Mercy

Selma

Harriet

The Green Book

## 4. Watch/listen to a YouTube Video or Podcast

[Seeing white podcast:](#)

Just what is going on with white people? Police shootings of unarmed African Americans. Acts of domestic terrorism by white supremacists. The renewed embrace of raw, undisguised white-identity politics. Unending racial inequity in schools, housing, criminal justice, and hiring. Some of this feels new, but in truth it's an old story. Why? Where did the notion of "whiteness" come from? What does it mean? What is whiteness for? Scene on Radio host and producer John Biewen took a deep dive into these questions, along with an array of leading scholars and regular guest Dr. Chenjerai Kumanyika, in this fourteen-part documentary series, released between February and August 2017. The series editor is Loretta Williams.

[We Won't Take It Any Longer: Understanding the 2020 Black Protest Movement](#) | Dr. Lewis Brogdon hosted by JustFaith Ministries 1 hour and 18 minutes YouTube Video (6/8/2020)

Dr. Brogdon's recommendations for other voices to listen to:

- Rev. Dr. William J Barber II
- Rev. Dr. Lindsey Callahan
- Yvett Carnell, [Podcast "Breaking Brown"](#)
- Antonio Moore, [Podcast "Tonetalks"](#)
- Rev. Dr. Kevin W Cosby, President of Simmons College in Kentucky and Senior Pastor of St. Stephen Church in Louisville, Kentucky
- Dr. Lewis Brogdon, [Lewis Brogdon YouTube channel](#)

[NPR's History Podcast 'Throughline' Explores Policing In America](#) 7 minutes (6/5/2020)

[Tulsa bombing](#) 9 minutes and 12 seconds YouTube Video (2/27/2019)

[Author of White Fragility, Robin DiAngelo](#) 1 hour and 23 minutes YouTube Video (6/28/2018)

[Author of White Fragility, Robin DiAngelo](#) 1 hour and 3 minutes YouTube Video (06/12/20)

[Authors Robin DiAngelo and Ibram X. Kendi](#) on how to become aware of privilege (6/5/20)

## 5. Take an on-line class

[Just Faith Ministries](#) – Several people at COB have taken courses and participated in JustFaith on-line and in-person learning opportunities. Among them are Frank Pavlak, Aleta Kazadi, Kae Madden, Alice Bradley. Explore the options on their website and let us know if you want to organize a group experience...or just sign up and go for it!

Through small-group programs we help people deepen their faith, invite learning, and inspire action around contemporary social issues. Participants leave our programs better prepared to do justice in their local communities and beyond.

## 6. Donate

- [The Center for African American Health Donate Here](#)  
**Mission:** Improving the health and well-being of the African American community by offering community-based, evidenced-based, disease prevention and disease management programs, events, and services. We support an African American community healthy in mind, body, and spirit; filled with individuals taking responsibility for their own health and contributing to the enrichment of the community. The rich legacy of the Black church in the African American experience inspires our work. We believe that the church continues to be the heartbeat within the African American community for citizen engagement, leadership development, and enabling self-sufficiency. **Serves the greater metropolitan Denver area**
- [Families Forward Resource Center Donate Here](#)  
**Mission:** Safe, healthy and prosperous communities in northeast Denver and north Aurora. To enrich entire families through partnership and services that create a safe, healthy, and connected community. FFRC operates as a collaborative organization. No matter what need comes up, either FFRC is prepared to address it, or we have a partnership in place that can provide the necessary support. **Serves Northeast Denver Area and Aurora**
- [The Southern Poverty Law Center Donate Here](#)  
**Mission:** The Southern Poverty Law Center is dedicated to fighting hate and bigotry and to seeking justice for the most vulnerable members of our society. Using litigation, education, and other forms of advocacy, the SPLC works toward the day when the ideals of equal justice and equal opportunity will be a reality. **National Service Organization**

## 7. [Support Black Businesses](#)

303 Magazine.com 400+ Black Owned Businesses to Support in and Around Denver

## 8. Use Justice in June

Justice in June is an amazing resource that works for any month of the year (not just June!) It was compiled by Autumn Gupta with Bryanna Wallace's oversight for the purpose of providing a starting place for individuals trying to become better allies. Every recommendation on the list is linked to aid you in easily accessing what you need for either 10, 25 or 45 minutes of work a day, plus lists additional resources and sources of information (all linked.) It comes recommended by Marybel Giblin, Kae Madden, Alice Bradley and unnamed others!

Choose how much time you have each day to become more informed as *step one* to becoming an active ally to the black community. On this document are links to the learning resources and a schedule of what to do each day. Click on the following to jump directly to that info:

I. [10 minutes/day](#)

II. [25 minutes/day](#)

III. [45 minutes/day](#)

## 9. Join an Advocacy Network

[SoJo Faith-Rooted Advocates Network](#)

If you're looking for a way to build equitable opportunities for all types of people, with no one excluded based on what they look like, where they are from, what they believe, or who they love, then [join our Faith-Rooted Advocates Network](#) to construct the radically just world we desire. Together we are leading a movement of hope and justice throughout the nation.

[The JustFaith Network](#)

The JustFaith Network is a community of people compelled by the Gospel to build a more just and peaceful world. Together we can prepare each other to take action for social change, challenge each other to live differently, and sustain each other as we work for social justice.

When You Join, You Have Access To:

- Weekly online resources for individuals or small groups that can be used virtually
- An archive of past resources
- A Private JF Network Facebook group

How do I join? In this time of uncertainty, we have made membership in the JustFaith Network FREE! If you feel called to pay it forward and support our work you can make a donation after signing up. [Click here to sign up.](#)

## 10. Explore Racism as a Public Health Issue

[Advancing Racial Equity Webinar Series](#)

[The Impact of Racism on the Health and Well-Being of a Nation](#)

Additional national resources include:

[NAACP](#)

[Black Lives Matter](#)

[National Lawyers Guild](#)