



**January 31, 2026**  
5:00 PM

#### **To Love and Be Loved**

*An Inclusive Community welcoming each and all as the beloved of God. We are ecumenical; we celebrate the rich heritage of Catholic spirituality while honoring all spiritual traditions. We strive for justice and peace and respond to the call of discipleship by loving deeply and in prayer and service.*

#### **Contacts:**

Church of the Beloved

303-489-7046

Emergencies:

Bishop Kae: 720-232-1562

Mother Alice: 719.573.4904

#### **Our Leadership:**

Parish Council: Susan Reese, Jeannie Truillo, *Ralph Reschke and Amy Frisbie. Greg will continue as our Treasurer only.*

#### **Synod Delegates:**

#### **Rocky Mountain Regional Council**

**Representatives:** Alice Bradley and Dennis Giblin. Meetings are held the 1st Thursday

# *Church of the Beloved Ecumenical Catholic Community*

**Zephaniah 2:3;3:12-13, Ps 146; 1Corinth 1:26-31; Mt 5:1-12a**  
**Fourth Week of Ordinary Time**

**And Jesus looked at the many hard-working and  
oppressed people gathered  
and asked?**

Is your spirit sore?

Are you grieving -personally and collectively?

Do you act without need for recognition?

Does your heart long for morality and justice?

Does your compassion pour out for neighbors' suffering?

Do you have the capacity to see to the heart of things?

In all your relationships and actions, are you building peace?

Do you feel ostracized for your convictions, values and actions?

Are you treated like "the odd one out" and counter-cultural?

**Surprise! You are blessed!**

#### **On Call for Pastoral Emergencies Schedule.**

Vacation: Please note that Mother Alice will be away between January 27 and February 5<sup>th</sup>.

**Bishop Kae** is on call from Jan 26 through February 7 at 720-232-1562. Please *call* if you have an emergency during the night, I may not hear a text bling. .

#### **AT A GLANCE**



31<sup>st</sup> – 10 a.m. Funeral for Georgia Crosby at Church of the Beloved. Please bring a dozen cookies for the reception.



1<sup>st</sup>

Labyrinth and Centering Prayer – in person and on zoom at 7 a.m. Sunday

5<sup>th</sup> Regional Council on zoom at 6 p.m.

11<sup>th</sup> Wednesday, ECC 101 at 6:30 p.m. on zoom

## See the website for Ministry Teams

**Home Visits/Communion-** We have both clergy and lay members who are happy to come to your home if you are sick, discouraged, isolated, or in need of a friend. Visitors may also bring Eucharist. Please contact Mother Alice if you would like a visit and we will set it up. We do not forget you and we respect your privacy – so don't hesitate to request a visit. Visits are confidential.

## Listening Team

On rare occasions, when a conflict arises of a sensitive and/or ethical nature and the issue cannot be resolved by normal means, the Parish Council may engage our 3-person Listening Team, an unbiased, confidential, investigative team. At the Church of the Beloved, we want you to know your voice will be heard.

14<sup>th</sup> Saturday, Mass for All Ages and potluck  
15<sup>th</sup> Sunday, retirement lunch for NUCC trustee Kay Hulbert  
17<sup>th</sup> Tuesday, Fat Tuesday Pancakes NUCC 4-7 p.m.  
18<sup>th</sup> Ash Wednesday – Service at 12 noon and Mass at 7 p.m.  
21<sup>st</sup> Saturday - First Week of Lent  
28<sup>th</sup> Saturday from 9 a – 3 p Compassionate Listening I

March 14<sup>th</sup> Saturday 9 a – 1 p Compassionate Listening II  
March 21<sup>st</sup> – MfAA and Soup supper

## Upcoming Compassionate Listening Training

Right now seems like a good time to learn how to listen deeply to each other, to build relationships, and to diminish division. This 10 hour training includes 6 hours on February 28<sup>th</sup> and 4 hours on March 14. Please see the attached flier. Deadline to sign up is Saturday, Feb 14.

Minnesota Assistance: What can we do? Give to help those shuttered in fear in Minneapolis and need rent money via Charis ECC Community. Here is the link: [SecureGive](#)

## CHURCH COUNCIL NEWS:



Our usual February meeting of the Parish Council will be replaced by a retreat day on Sunday, February 22 from 9-3. We are seeking up to 3 new Parish Council members to join us. If you would like to explore more about serving on the council, please contact one of the Parish Council members... Susan Reese, Amy Frisbie, Ralph Renke, Jeanie Trujillo, or Mother Alice or Bishop Kae. We would love to have you join us for the Feb 22 retreat day if you are considering serving on the Council.

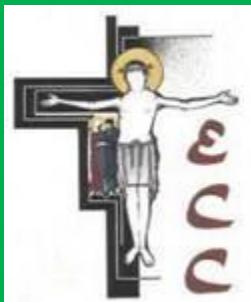
We extend our overflowing gratitude to Toni Talarico and Nan Bawn for their service on the council. For the sake of health, each has needed to step away at this time. Please lift them in prayer.

## Ecumenical Catholic Communion 101-Wed. February 11<sup>th</sup> 6:30



PM on Zoom. Your COB Parish Council, COB regional ECC reps, and COB Synod Delegates Invite everyone in the COB community to come for refresher ( or first-time) presentation/discussion on the ECC, who we are, our connected independent Catholic faith communities, how we started, our purpose, core values, our Constitution,

Statutes and By-Laws. There will be lots of time for questions and community conversation as well. Please plan to join us.



ECC link: <https://www.rmrc-ecc.com>  
 COB link  
<https://churchofthebeloved-ecc.org>  
 Facebook:  
[www.facebook.com/ChurchOfTheBelovedECC](https://www.facebook.com/ChurchOfTheBelovedECC)  
 Instagram:  
[@nstragram](https://www.instagram.com/churchofthebelovedecc)  
 USER NAME: churchofthebelovedecc

**Interested in what is going on around the ECC? ECC Facebook page for members only.**

ECC has a private FB page, for ECC members only and we would love for you to consider joining and making posts on the page. *Educational, social justice and current events as related to our gospel values and topics of interest to the entire communion, shared respectfully, will be welcomed.* It is a great way for all of us to stay connected! Here is the link -then click on “join the group.”

<https://www.facebook.com/groups/1757980855035329>

Pat: Church Key: 303-452-1553  
 Announcements in the bulletin must be in by Wednesday before distribution on Friday.

Pat's email: [rpt1553@aol.com](mailto:rpt1553@aol.com)

CHURCH OF THE BELOVED Monthly Financial Summary For The Month December, 2025					
		Monthly	Year-To-Date		
Income		Actual	Budget	Actual	Budget
Member Offerings		7,927	7,125	97,554	85,500
Fund Raising & Other Income		0	250	5,143	3,000
Interest & Dividends		108	100	1,267	1,200
Special Appeals		0	125	3,589	1,500
Designated Gifts-Projector		0	0	5,186	0
Total Income		8,035	7,600	112,739	91,200
Expenses					
Rent & Insurance		1,289	1,275	15,210	15,300
ECC Tithe, Conference, Vicar Stipend		928	802	9,620	9,625
Social Justice		0	570	6,400	6,840
Religious Education		0	42	735	500
Liturgy, Music, Presider Stipend		131	400	5,829	4,800
Office, Bookkeeping, Meeting		189	265	3,493	3,180
Pastor & Associate Salary, Retreat		4,274	3,982	46,804	47,788
Other Expenses		800	264	4,776	3,167
Unbudgeted Expense-Projector		0	0	4,814	0
Total Expenses		7,611	7,600	97,681	91,200
Excess (Deficiency) Income Over Expense		424	0	15,058	0
Please note as of December 31, 2025 we have \$75,603 in our checking, savings, and investments as our prudent reserve. We were blessed with some wonderful contributions this year from various people and a significant gift from an estate. This reserve is there to provide cash flow and as a resource for unforeseen contingencies and emergencies.					



**Our January food bank recipient is the Immaculate Heart of Mary (IHM) Stewardship Center, a short distance north of COB. Their clients especially would like: pasta, pasta sauce, and spaghetti. Please consider bringing these products to COB during January and place them in the blue bin. Or you can make a financial donation at their website: [ihmco.org](http://ihmco.org). Thank you in advance for your generosity. Social Justice Team.**

#### **NEW FOOD PANTRY PROGRAM**

**4th Wednesday of each month** Colorado residents age 60 years and older who meet the income qualifications are eligible for 35 lb. box of assorted food. Distribution will take place drive-thru style in the Good Shepherd Presbyterian Church parking lot at 10785 Melody Dr. from 9:00 am-11:30am. Call the Food Bank of the Rockies to sign up and have your questions answered. 720-473-6323. Sincerely, The Social Justice Team

**Mary, Jesus', Mother, has asked us to pray for Peace. We pray a weekly Rosary on Thursdays at 7PM on our regular zoom link. Please join us. Thank you.**

And/or pray the Rosary with Church of Holy Family on Wednesdays at 6:00 pm. with Cara Thompson. Join Church of the Holy Family's Zoom Meeting: [link](#)



### Centering Prayer/Meditation and Labyrinth



Sunday, February 1<sup>st</sup> 7:00AM in person and on zoom. All are welcome. No experience necessary just a desire to be in God's deep silence in community. We are guessing that we will begin in the sanctuary due to chilly morning temperatures : )

### **Feeling A Pinch: \$ Need Assistance???**



In these days, members may need some help making ends meet. We stand with our members; your distress is our distress. Truly. If you are experiencing food insecurity, need help with prescription costs, partial rent or mortgage, funds for gas, meals, transportation, **just leave a message on our church phone**. Your message will be kept confidential and one of our clergy members will be in touch with you. We have financial reserves and other means for assistance. The church number is 303.489.7046

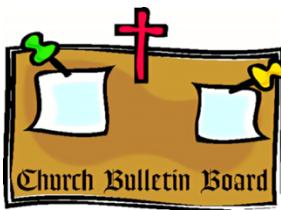
### **Support for our neighbors: Colorado Rapid Response Network Hotline 1-844-864-8341.** See our website for more information.

**Reminder:** Audio recordings of the gospel proclamation and the homily are available on our website— to listen again or tune in if you missed it.

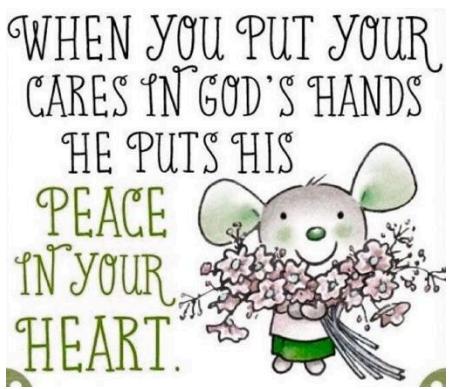
**Another Reminder** If for some reason you don't receive the bulletin, please let me know....Pat...

**Durable Medical Equipment closet:** The NUCC and COB share a closet of equipment to loan out: Wheelchairs, walkers, crutches, commodes, toilet raisers, etc. Contact us to borrow or donate equipment.

**COB FORMAL MEMBERSHIP.** Are you interested in becoming a formal member of the Church of the Beloved Community? Want to know more about what that means? Text, call/ email Mother Alice at 719-573-490 [alice.bradley@UCDenver.edu](mailto:alice.bradley@UCDenver.edu)



What do you want to post on a bulletin board at the church? Education, opportunities, thank you notes, etc. And if you want to post something, send it to Pat



For Mass: Join Zoom meeting

<https://us02web.zoom.us/j/7195735454?pwd=VTI4V2ZYSVZrSzdsODE0UlI3emRjZz09>

If you would like to dial in by phone without video, call 1 346 248 7799. You will then be asked to enter the Meeting ID: 719 573 5454 Passcode if requested: 10500

*Lord - There are times when all of Your  
children need to reassess their values.  
When my priorities get out of whack, turn  
me around and steer me in the right  
direction. Amen*

*We all know someone who is  
intolerable - at least that's their only fault.*





There are times when all of Your

Children need to reassess their values. When  
My proj