



February 7, 2026
5:00 PM

To Love and Be Loved

An Inclusive Community welcoming each and all as the beloved of God. We are ecumenical; we celebrate the rich heritage of Catholic spirituality while honoring all spiritual traditions. We strive for justice and peace and respond to the call of discipleship by loving deeply and in prayer and service.

Contacts:

Church of the Beloved
303-489-7046
Emergencies:
Bishop Kae: 720-232-1562
Mother Alice: 719.573.4904

Our Leadership:

Parish Council: Susan Reese, Jeannie Truillo, Ralph Reschke and Amy Frisbie. Greg will continue as our Treasurer only.

Synod Delegates:

Rocky Mountain Regional Council Representatives: Christy Chady and Dennis Giblin. Meetings are held the 1st Thursday

Church of the Beloved Ecumenical Catholic Community

Fifth Week of Ordinary Time
Isaiah 58:7-10; Ps112; 1Corinth 2:1-5, Mt 5:13-16



Blessed are YOU...

Guide us, Lord, each day to grow in faith and boldness, reminding us that we carry the incredible responsibility to influence this world for Your kingdom. May our lives be a testimony of Your power to transform and redeem. We ask for strength when our resolve to shine dims and for clarity when the path seems unclear.

In all things, let us remember that we are not just salt and light to satisfy our own desire for significance or recognition, but for Your glory.... May we live lives that are pleasing in Your sight, drawing others to You through the authenticity of our faith. From Bible.Art

On Call for Pastoral Emergencies Schedule.

Bishop Kae is on call from Jan 26 through February 7 at 720-232-1562. Please *call* if you have an emergency during the night, *We* may not hear a text bling. . **Mother Alice** is on call Feb 8-14.

AT A GLANCE



11th Wednesday, ECC 101 at 6:30 p.m. on zoom (regular link)
14th Saturday, Mass for All Ages and potluck
15th Sunday, retirement lunch for NUCC trustee Kay Hulbert

See the website for Ministry Teams

Home Visits/Communion- We have both clergy and lay members who are happy to come to your home if you are sick, discouraged, isolated, or in need of a friend. Visitors may also bring Eucharist. Please contact Mother Alice if you would like a visit and we will set it up. We do not forget you and we respect your privacy – so don't hesitate to request a visit. Visits are confidential.

Listening Team

On rare occasions, when a conflict arises of a sensitive and/or ethical nature and the issue cannot be resolved by normal means, the Parish Council may engage our 3-person Listening Team, an unbiased, confidential, investigative team. At the Church of the Beloved, we want you to know your voice will be heard.

17th Tuesday, Fat Tuesday Pancakes NUCC 4-7 p.m.
18th Ash Wednesday – Service at 12 noon and Mass at 7 p.m. (with ashes) Ashes at Webster Lake 11:30 -1 p.m.
21st Saturday - First Week of Lent
28th Saturday from 9 a – 3 p Compassionate Listening I
March 14th Saturday 9 a – 1 p Compassionate Listening II
March 21st – MfAA and Soup supper

Upcoming Compassionate Listening Training

Right now seems like a good time to learn how to listen deeply to each other, to build relationships, and to diminish division. This 10 hour training includes 6 hours on February 28th and 4 hours on March 14. Please see the attached flier. Deadline to sign up is Saturday, Feb 14.

Minnesota Assistance: What can we do? Give to help those shuttered in fear in Minneapolis and need rent money via Charis ECC Community. Here is the link: [SecureGive](#)

CHURCH COUNCIL NEWS:



Our usual February meeting of the Parish Council will be replaced by a retreat day on Sunday, February 22 from 9-3. We are seeking up to 3 new Parish Council members to join us. If you would like to explore more about serving on the council, please contact one of the Parish Council members... Susan Reese, Amy Frisbie, Ralph Renke, Jeanie Trujillo, or Mother Alice or Bishop Kae. We would love to have you join us for the Feb 22 retreat day if you are considering serving on the Council.

We extend our overflowing gratitude to Toni Talarico and Nan Bawn for their service on the council. For the sake of health, each has needed to step away at this time. Please lift them in prayer.

Ecumenical Catholic Communion 101-Wed. February 11th 6:30 PM



on Zoom. Your COB Parish Council, COB regional ECC reps, and COB Synod Delegates Invite everyone in the COB community to come for refresher (or first-time) presentation/discussion on the ECC, who we are, our connected independent Catholic faith communities, how we started, our purpose, core values, our Constitution, Statutes and By-Laws. There

will be lots of time for questions and community conversation as well. Please plan to join us.



Our February food bank recipient is Broomfield FISH. the Immaculate Heart of Mary (IHM) Stewardship Center, a short distance north of COB.

Their clients especially would like: pasta, pasta sauce, and spaghetti. Please consider bringing these products to COB during January and place them in the blue bin. Or



ECC link: <https://www.rmrc-ecc.com>
_COB link
<https://churchofthebeloved-ecc.org>
Facebook:
www.facebook.com/ChurchOfTheBelovedECC
Instagram:
<https://www.instagram.com/churchofthebelovedecc>
USER NAME: churchofthebelovedecc

Interested in what is going on around the ECC? ECC Facebook page for members only.

ECC has a private FB page, for ECC members only and we would love for you to consider joining and making posts on the page. *Educational, social justice and current events as related to our gospel values and topics of interest to the entire communion, shared respectfully*, will be welcomed. It is a great way for all of us to stay connected! Here is the link -then click on "join the group."

<https://www.facebook.com/groups/1757980855035329>

Pat: Church Key: 303-452-1553
Announcements in the bulletin must be in by Wednesday before distribution on Friday.

Pat's email: rpt1553@aol.com

you can make a financial donation at their website: ihmco.org. Thank you in advance for your generosity. Social Justice Team.

NEW FOOD PANTRY PROGRAM

4th Wednesday of each month Colorado residents age 60 years and older who meet the income qualifications are eligible for 35 lb. box of assorted food. Distribution will take place drive-thru style in the Good Shepherd Presbyterian Church parking lot at 10785 Melody Dr. from 9:00 am-11:30am. Call the Food Bank of the Rockies to sign up and have your questions answered. 720-473-6323. Sincerely, The Social Justice Team

Mary, Jesus', Mother, has asked us to pray for Peace. We pray a weekly Rosary on Thursdays at 7PM on our regular zoom link. Please join us. Thank you.



And/or pray the Rosary with Church of Holy Family on Wednesdays at 6:00 pm. with Cara Thompson. Join Church of the Holy Family's Zoom Meeting: [link](#)

Centering Prayer/Meditation and Labyrinth



Sunday, March 1st 7:00AM in person and on zoom. All are welcome. No experience necessary just a desire to be in God's deep silence in community. We are guessing that we will begin in the sanctuary due to chilly morning temperatures :)

Feeling A Pinch: \$ Need Assistance??? In these days, members may need some help making ends meet. We stand with our members; your distress is our distress. Truly. If you are experiencing food insecurity, need help with prescription costs, partial rent or mortgage, funds for gas, meals, transportation, **just leave a message on our church phone**. Your message will be kept confidential and one of our clergy members will be in touch with you. We have financial reserves and other means for assistance. The church number is 303.489.7046



Support for our neighbors: Colorado Rapid Response Network Hotline 1-844-864-8341. See our website for more information.

Reminder: Audio recordings of the gospel proclamation and the homily are available on our website— to listen again or tune in if you missed it.

Another Reminder If for some reason you don't receive the bulletin, please let me know....Pat...

Durable Medical Equipment closet: The NUCC and COB share a closet of equipment to loan out: Wheelchairs, walkers, crutches, commodes, toilet raisers, etc. Contact us to borrow or donate equipment.

COB FORMAL MEMBERSHIP. Are you interested in becoming a formal member of the Church of the Beloved Community? Want to know more about what that means? Text, call/ email Mother Alice at 719-573-490 alice.bradley@UCDenver.edu



What do you want to post on a bulletin board at the church? Education, opportunities, thank you notes, etc. And if you want to post something, send it to Pat

For Mass: Join Zoom meeting

<https://us02web.zoom.us/j/7195735454?pwd=VTI4V2ZYSVZrSzdSODE0Ull3emRjZz09>

If you would like to dial in by phone without video, call 1 346 248 7799.
You will then be asked to enter the Meeting ID: 719 573 5454
Passcode if requested: 10500



*Forgive me Lord, when I have hurt others.
Teach me how to extend Your gracious love
And to be less critical. Amen.*

*Sermons would be better if we'd listen as a
Christian rather than as a critic.*