



November 29, 2025  
5:00 PM

### **To Love and Be Loved**

*An Inclusive Community welcoming each and all as the beloved of God. We are ecumenical; we celebrate the rich heritage of Catholic spirituality while honoring all spiritual traditions. We strive for justice and peace and respond to the call of discipleship by loving deeply and in prayer and service.*

### **Contacts:**

Church of the Beloved  
303-489-7046  
Emergencies:  
Bishop Kae: 720-232-1562  
Mother Alice: 719.573.4904

### **Our Leadership:**

Parish Council: Susan Reese, Toni Talarico, Nan Bawn, Jeannie Truillo, *Ralph Reschke and Amy Frisbie. Greg will continue as our Treasurer only.*

### **Synod Delegates:**

Amy Frisbee, Alice Bradley, Fr. Frank Quintana, Toni Talarico, Tammy Gabel, Linda and Frank Pavlak

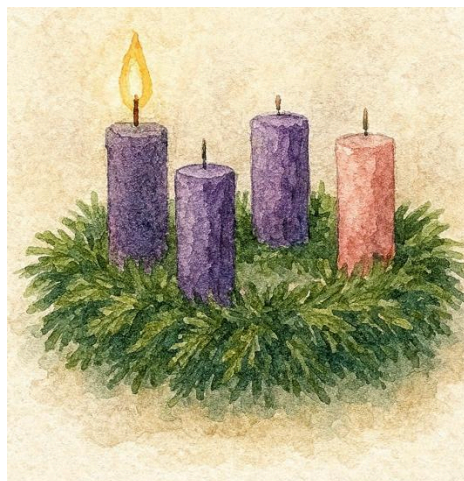
### **Rocky Mountain Regional Council**

**Representatives:** Alice Bradley and Dennis Giblin. Meetings are held the 1st Thursday

# *Church of Beloved Ecumenical Catholic Community*

## **First Week of Advent**

**Readings:** Isaiah 2: 1-5; Psalms 122: 1-2, 3-4ab, 4cd-5, 6-7, 8-9; Romans 13: 11-14; Matthew 24: 37-44



### *Prayer for the first week of Advent:*

*O God of promise and new beginnings, you dwell within the deep silence before dawn and in the hidden darkness of the womb. As this first light burns, awaken in us a quiet trust in your unseen work. Prepare our hearts to receive your Son, conceived in hope and born in love. Through Christ our Lord. Amen.*

### **On Call for Pastoral Emergencies Schedule.**

Mother Alice is on call from Nov 24<sup>th</sup> – Dec 8<sup>th</sup>

### **AT A GLANCE**

29<sup>th</sup> First week of Advent Mass



Dec 6 Mass for All Ages and potluck  
9<sup>th</sup> Ladies Lunch Red Lobster 11:30AM  
Dec. 23 Liturgical environment at 2 p.m.  
Dec. 24<sup>th</sup> 4 p.m. Christmas Eve Mass with NUCC

**Please be sure to check and respond asap to the email from the Parish Council sent by Pat on 11/26/25 titled, "Stewardship." Thank you!**

[See the website for ministry teams](#)

**Home Visits/Communion-** We have both clergy and lay members who are happy to come to your home if you are sick, discouraged, isolated, or in need of a friend. Visitors may also bring Eucharist. Please contact Mother Alice if you would like a visit and we will set it up. We do not forget you and we respect your privacy – so don't hesitate to request a visit. Visits are confidential.

### Listening Team

On rare occasions, when a conflict arises of a sensitive and/or ethical nature and the issue cannot be resolved by normal means, the Parish Council may engage our 3-person Listening Team, an unbiased, confidential, investigative team. At the Church of the Beloved, we want you to know your voice will be heard.

### **UPCOMING EVENTS**

January 3<sup>rd</sup>, Fr. Frank's 50<sup>th</sup> ordination anniversary with reception  
January 17<sup>th</sup>, Christy's ordination to the priesthood 5 p.m. with reception  
January 24<sup>th</sup>, Christy's first Mass : )



**Ladies Christmas Lunch will be at the Red Lobster on 104<sup>th</sup> at 11:30AM. Please let me know if you will attend...Pat**

**Feeling A Pinch: \$ Need Assistance???** In these days, members may need some help making ends meet. We stand with our members; your distress is our distress. Truly. If you are experiencing food insecurity, need help with prescription costs, partial rent or mortgage, funds for gas, meals, transportation, **just leave a message on our church phone.** Your message will be kept confidential and one of our clergy members will be in touch with you. We have financial reserves and other means for assistance. The church number is 303.489.7046.



### **The Refuge of Broomfield is our 2025 COB Advent Project Collection.**



The Advent Project items requested are:

- 1) WARM WOOL SOCKS (Adult Women and Men),
- 2) WARM WATER PROOF (Ski style) GLOVES,
- 3) PACKAGED UNDERWEAR for MEN (Boxer style and insulated) and Womens.

In addition to our Advent Collection, they are in great need of New or Used Sleeping bags, Waterproof Tarps and 1-2 person tents which we would gladly deliver to them.

Questions: Bonnie and Kate L



**Our food bank for November is: Community Table in Arvada.** Please bring any non-perishable food items you wish to donate to church for the rest of this month. Ralph will make sure they get delivered to Community Table after our November 29th service. Please contact Ralph with any special needs or questions. Thanks! Sincerely, Social Justice Committee

### **NEW FOOD PANTRY PROGRAM**

4th Wednesday of each month Colorado residents age 60 years and older who meet the income qualifications are eligible for 35 lb. box of assorted food. Distribution will take place drive-thru style in the Good Shepherd Presbyterian Church parking lot at 10785 Melody Dr. from 9:00 am-11:30am. Call the Food Bank of the Rockies to sign up and have your questions answered. 720-473-6323. Sincerely, The Social Justice Committee.

## Quick Links



ECC link: <https://www.rmrc-ecc.com>  
\_COB link

<https://churchofthebeloved-ecc.org>

Facebook:

[www.facebook.com/ChurchOfTheBelovedECC](https://www.facebook.com/ChurchOfTheBelovedECC)

Instagram:

<https://www.instagram.com/churchofthebelovedecc/nstagram>

USER NAME: churchofthebelovedecc

### Interested in what is going on around the ECC? ECC Facebook page for members only.

ECC has a private FB page, for ECC members only and we would love for you to consider joining and making posts on the page. *Educational, social justice and current events as related to our gospel values and topics of interest to the entire communion, shared respectfully*, will be welcomed. It is a great way for all of us to stay connected! Here is the link -then click on "join the group."

<https://www.facebook.com/groups/1757980855035329>

Pat: Church Key  
Announcements in the bulletin must be in by Wednesday before distribution on Friday.

**Help us share the love!** If Church of the Beloved has been a meaningful part of your life, please take a moment to leave a Google Maps review. Your words help others discover our welcoming, inclusive community and the joy we find in. worship and service together. This is often the first place newcomers find out about our community!



### CONTINUING PRAYER:

Mary, Jesus', Mother, has asked us to pray for Peace. We pray a weekly Rosary on Thursdays at 7PM on our regular zoom link. Please join us. Thank you.

And/or pray the Rosary with Church of Holy Family on Wednesdays at 6:00 pm. with Cara Thompson. Join Church of the Holy Family's Zoom Meeting: [link](#)

### King Soopers Community Rewards 3rd quarter 2025:

37 households participate, and \$198.60 was donated to COB.

Thanks to all who helped by shopping at KS and using COB as your designated charity!



### CHURCH COUNCIL NEWS:

Our next meeting is on Tuesday, DECEMBER 9 at 6:00PM. These meetings are open to all. All are welcome. Thank you to Amy F and Ralph joining the parish council team.

### Support for our neighbors: Colorado Rapid Response Network Hotline

**1-844-864-8341.** See our website for more information.

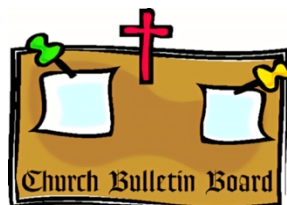
**Reminder:** audio recordings of the gospel proclamation and the homily are available on our website– to listen again or tune in if you missed it.

### Centering Prayer/Meditation and Labyrinth



Sunday, December 7th, 7:00AM in person and on zoom. All are welcome. No experience necessary just a desire to be in God's deep silence in community. We are guessing that we will begin in the sanctuary due to chilly morning temperatures :) )

**COB FORMAL MEMBERSHIP.** Are you interested in becoming a formal member of the Church of the Beloved Community? Want to know more about what that means? Text, call/ email Mother Alice



What do you want to post on a bulletin board at the church? Education, opportunities, thank you notes, etc. And if you want to post something, send it to Pat

For Mass: Join Zoom meeting

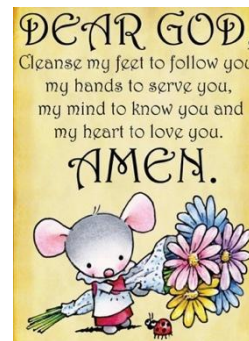
<https://us02web.zoom.us/j/7195735454?pwd=VTI4V2ZYSVZrSzdSODE0Ull3emRjZz09>

If you would like to dial in by phone without video, call 1 346 248 7799.  
You will then be asked to enter the Meeting ID: 719 573 5454  
Passcode if requested: 10500

**SIGN UP FOR MINISTRIES ON OUR WEBSITE**

<https://churchofthebeloved-ecc.org/signup>

<https://churchofthebeloved-ecc.org/signup/instructions/>



*Lord - cleanse my mind of and heart of all  
impure thoughts. Fill me with peace and  
joy this day and every day. Amen*

*Love is like a pair of socks - you have to  
have two and they gotta match.*