



March 8, 2025  
5:00 PM

### **To Love and Be Loved**

*An Inclusive Community welcoming each and all s the beloved of God. We are ecumenical; we celebrate the rich heritage of Catholic spirituality while honoring all spiritual traditions. We strive for justice and peace and respond to the call of discipleship by loving deeply and in prayer and service.*

### **Contacts:**

Church of the Beloved  
303-489-7046  
Emergencies:  
Bishop Kae: 720-232-1562  
Mother Alice: 719-573-4904  
Bishop Paul: 720-254-2083

### **Our Leadership:**

Parish Council: Tammy Gabel, Greg Goerke, Susan Reese, Maryann Klasinski Toni Talarico  
Parish Council meetings vary

### **Synod Delegates:**

Amy Frisbee, Alice Bradley, Fr. Frank Quintana, Toni Talarico, Tammy Gabel, Linda and Frank Pavlak

### **Rocky Mountain Regional**

**Council Representatives:** Alice Bradley and Dennis Giblin.  
Meetings are held the 1st Thursday

# Church of Beloved Ecumenical Catholic Community

## **First Week of Lent**

Deuteronomy 26:4-10; Ps 91; Romans 10:8-13; Luke 4:1-13



As we begin the season of Lent, we listen to Jesus' temptations in the wilderness – the tempter's "offers" and Jesus' response. The tempter wants us to think **only** of ourselves – "*me-ness*." Through prayer, Jesus is strong enough to look beyond hunger, powerlessness, and testing God. During this Lent, we are cultivating Compassion, a virtue that calls us to "*we-ness*": to deeply care for others as well as

ourselves, woven with our Love of God.

"Compassion asks us to go where it hurts, to enter places of pain, to share in brokenness, fear, confusion, and anguish. Compassion challenges us to cry out with those in misery, to mourn with those who are lonely, to weep with those in tears. Compassion requires us to be weak with the weak, vulnerable with the vulnerable, and powerless with the powerless. Compassion means full immersion in the condition of being human."

Donald McNeill, Douglas Morrison, and Henri Nouwen, *Compassion*.

*Taken from Boundless Compassion, Joyce Rupp, Sorin Books, Notre Dame IN ©2018,*

## **On Call for Pastoral Emergencies Schedule.**

Bishop Kae is on call March 4<sup>th</sup> - 10<sup>th</sup> 720-232-1562

Mother Alice is on call March 11<sup>th</sup> – 17<sup>th</sup>. 719-573-4904

"On call" means available-by phone 24 hours a day for urgent concern and emergencies. If you have an urgent need in the middle of the night, please CALL, as we may not hear a text. Both Kae and Alice usually take Sunday and Monday off.

## **From Kate Lindaas**

I am deeply grateful for all the support, rides, prayers, and cards. All slots have been filled for my transportation.



During March and April we will be engaged in a special Lenten Activity in support of Project Angel Heart. Please join us in that effort by seeing the special flyer sent out with the Bulletin during this time. We will be collecting "change" all during Lent for their benefit. Please take a container home with you to keep the needs of the seriously ill in mind and heart.



## Ministry Teams

**Social Justice** –chair – rotating by project We come together monthly in prayer and discussion to discern how to distribute our community's generous tithe and offer projects for our church members to serve those in need. We meet once a month and day and time are flexible.

### **Marketing/Communication**

Chair –Ken B

Our goal is to be seen and heard by – and then inspire – potential members of COB.

### **Ongoing Spiritual Formation of**

**Kids and Adults Ministry:** To form our lives on the pattern of Jesus, growing disciples of all ages Chair – vacancy

**Membership and Hospitality:** To build relationships among members and welcome all as God's Beloved

**Liturgy and Music** – To gather as the Body of Christ to give thanks, be enlivened by the Word and song, be nourished and transformed, be strengthened by community, and to be sent out to a networking waitingworld. Bishop Kae and Greg 720-3232-1562, Marilyn Davey

### **Lector Coordinator**

Linda Pavlak and Tammy

### **Greeter Coordinator:**

### **Eucharistic Minister Coordinator-**

**Finance Ministry** Wise stewardship of the financial resources of the community Chairperson: Greg Goerke

### **Administration and Building**

**Maintenance Ministry:** the nitty gritty support that keeps us rolling along

## Ministries of Care

**Grief and Loss** - A ministry that offers support for individuals and families facing a life changing journey...Chair –vacancy

### **Prayer Shawl Ministry –**

A healing ministry of prayer and caring by knitting, crocheting, or

8<sup>th</sup> – First Week of Lent. – Spiritual Pilgrimage at 3:30 p.m. in person and on zoom; Mass at 5 p.m.

11<sup>th</sup> – Parish Council at 4 p.m.

16<sup>th</sup> Stations of the Cross on Zoom 6:30 p.m.

18<sup>th</sup> Ladies Lunch, Applebees on 104<sup>th</sup> RSVP to Pat

22<sup>nd</sup> Highline Canal cleanup 9-11AM sign up online – see below

22<sup>nd</sup> Mass for All Ages and potluck -

26<sup>th</sup> Reconciliation service at 12 noon

28<sup>th</sup> Reconciliation at 7 p.m.

### **The Spiritual Pilgrimage to Montgomery Saturday March 8th.**

First Sacred Site - The Legacy Museum - It is not too late if you read the bulletin before 3:30 on March 8th. We will gather to pray and reflect at the first Sacred Site.

We will not gather again until March 29th, but until then please consider taking time as you walk the days of Lent to reflect and pray on the legacy of enslavement on our country and on us.. A number of resources have been mentioned, but if you want a different slant, you may want to read these books or watch the movies.

The Classic "Roots" by Alex Haley - also in a mini series, "Amistad" by Alexs Pate (also movie), "To Kill a Mockingbird" by Harper Lee (also a movie), "The Color Purple" by Alice Walker (also a movie), "The Help" by Kathryn Stockett (also a movie), "Hidden Figures" by Margot Lee Shetterly (also a movie), "Loving" and "Green Book" (both movies)

Sometimes the best way to develop our compassion is to walk in another's shoes.

### **Save the Date: Saturday, March 22, 9-11 a.m. Northglenn's Farmers' Highline Canal Cleanup – Volunteers needed**



The Church of the Beloved will be participating again in Northglenn's annual Farmers' Highline Canal Cleanup on March 22<sup>nd</sup> 9:00 -11:00 am. This year, the area that COB will be cleaning is "Gundy Gunderson Trail at Grant Ditch". This is the canal just east of I-25 stretching to Washington Street, directly NORTH of the church. This is the area that the Church of the Beloved had historically cleaned up in previous years. We will park and meet in the church parking lot. If interested, please sign up using the link provided below. For questions, contact Nick Pizzuti. The city will provide lunch for all volunteers following the event at EB Rains Park (117<sup>th</sup> and Community Center Drive / Grant St.)

### **Support for our neighbors: Colorado Rapid Response Network**

**Hotline** 1-844-864-8341. This is a 24-hour hotline to report Immigration and Customs Enforcement (ICE) activity. A trained team from non-profit agencies will respond. For more information, click [HERE](#). The Council of Churches created a blog post of resources here which you may also share: [Resources for Congregations with Immigrant Ministries | Colorado Council of Churches](#). Kae and Alice attended webinars to aid us in the

sewing prayer shawls/blankets  
Linda Pavlak

### **Anawim Ministry**

LGBTQ+ (Lesbian, Gay, Bisexual, Transgender and Queer/Questioning+) support ministry for members, families, and friends. Meets on the 3rd Saturday monthly at the Fellowship hall at 2:30PM. Contacts: Ralph at [rreschkejr@g.com](mailto:rreschkejr@g.com) or 303-425-9995 and Nick at [pizzafmly@aol.com](mailto:pizzafmly@aol.com) or 303-929-6213

**Pastoral Care members:** Greg Madden, Alice Bradley, Christy Chady, and Kae Madden

**Home Visits/Communion-** We have both clergy and lay members who are happy to come to your home if you are sick, discouraged, isolated, or in need of a friend. Visitors may also bring Eucharist. Please contact Mother Kae if you would like a visit and we will set it up. We do not forget you and we respect your privacy – so don't hesitate to request a visit. Visits are confidential.

### **Listening Team**

On rare occasions, when a conflict arises of a sensitive and/or ethical nature and the issue cannot be resolved by normal means, the Parish Council may engage our 3-person Listening Team, an unbiased, confidential, investigative team. At the Church of the Beloved, we want you to know your voice will be heard.

plans and policies that may need to be in place at the church. A work in progress.

### **Church Council News:**

These meetings are open to all. All are welcome  
Next Meeting: March 11, 4PM

Mary, Jesus' Mother has asked we pray the rosary for peace. We pray a weekly Rosary on Thursdays at 7PM on our regular zoom link.  
*Thank you.*

And/or pray the Rosary with Church of Holy Family on Wednesdays at 6:00 pm. With Cara Thompson Join Church of the Holy Family's Zoom Meeting: [link](#)



**CORNER BEEF & CABBAGE DINNER**  
**MONDAY, MARCH 17<sup>th</sup> 4-7 pm) \$15 PER MEAL.** Fund-raiser for NUCC  
**SIGN-UP SHEET on table in narthex**



**Reminder:** Audio recordings of the gospel proclamation and the homily are available on our website– to listen again or tune in if you missed it.

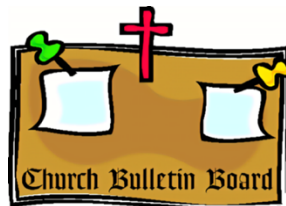
### **COB Formal Membership**

Are you interested in becoming a formal member of the Church of the Beloved Community? Want to know more about what that means? Text, call/ email Mother Alice



### **Midweek Mass:**

Remember that we are celebrating Mass together via zoom on Wednesday mornings at 9:30 a.m. See the zoom link below.



What do you want to post on a bulletin board at the church? Education, opportunities, thank you notes, etc. And if you want to post something, send it to Pat



### **Centering Prayer/Meditation and Labyrinth**

Sunday April 6<sup>th</sup>, 7:00 AM in person and on zoom.  
**All are welcome. No experience necessary just a desire to be in God's deep silence in community.**

### **PREPARATION FOR LITURGY.**

## Quick Links



ECC link: <http://www.rmrc-ecc.com>  
COB link  
<https://churchofthebeloved-ecc.org>  
Facebook:  
[www.Facebook.com/ChurchOfTheBelovedECC](http://www.Facebook.com/ChurchOfTheBelovedECC)

Instagram:  
<https://www.instagram.com/churchofthebelovedecc/nstagram>  
USER NAME:  
churchofthebelovedecc

Bishop Kae is available by appointment Tuesday through Saturday and on call 24/7 unless notified otherwise.

Bishop Kae's email is:  
[pastor@churchofthebeloved-ecc.org](mailto:pastor@churchofthebeloved-ecc.org)  
[maddengk@msn.com](mailto:maddengk@msn.com)

Pat: Church Key: 303-452-1553  
Announcements in the bulletin must be in by Wednesday before distribution on Friday.  
Pat's email: [rpt1553@aol.com](mailto:rpt1553@aol.com)

In person: We are grateful to be together and enjoying gathering in person. As you know, masks are optional. We have colored bracelets that can indicate your comfort level with hugs – green, yellow, and red.  
Zoom-ers: There is a worship aid attached so that you may participate full. If you are unable to join us in person, as you prepare your sacred space at home, you may want to “set your table” with a beautiful Purple cloth, bring a cross, a candle, bread and wine/juice. *For those who are so moved, we invite you to pray the prayer of Spiritual Communion:*  
*Oh my Jesus, I turn toward the holy tabernacle in my heart where You live and love me. I love you. Come and visit me with Your grace. Spiritually come more fully into my heart. Purify me. Sanctify me. Make me more like You. May I receive You in your fullness and reflect You in the world. Amen*  
You are welcome to email the link below to friends and family, and please refrain from posting it on social media for security. It remains the same for every liturgy.

**For Mass: Join Zoom meeting**

<https://us02web.zoom.us/j/7195735454?pwd=VTI4V2ZYSVZrSzdSODE0Ull3emRjZz09>

If you would like **to dial in by phone without video**, call 1 346 248 7799.  
You will then be asked to enter the Meeting ID: 719 573 5454  
Passcode if requested: 10500

**HOW TO SIGN UP FOR MINISTRIES ON OUR WEBSITE:** Here are the steps to the new ministry signup process (which is through our COB website):

1. Register with your name and email and create a password at <https://churchofthebeloved-ecc.org/register/>
2. Click on your name in the lower right corner, then click on the “Sign Up” button.
3. Select the signup(s) you'd like to sign up for, then scroll to the top and click “Save and Continue.” It will automatically add your name and email address. However, if you are signing up for another family member, you can change this information.



You will need to be logged in to see the signup list and add/delete signups. The URL that can be bookmarked for this (after registering) is: <https://churchofthebeloved-ecc.org/signup>. If you are not logged in, it will prompt you to do so. If you have questions, contact Christy. Thank you.



*Dear Lord – I often say that I forgive but still feel resentment inside. Starting now, let me begin a chain reaction of forgiving love. Amen*

*A friend is one before whom one may think aloud.*