



August 10, 2024
5:00 PM

To Love and Be Loved

An Inclusive Community, welcoming each and all as the beloved of God. We are ecumenical; we celebrate the rich heritage of Catholic spirituality while honoring all spiritual traditions. We strive for justice and peace and respond to the call of discipleship by loving deeply and in prayer and service.

Contacts:

Church of the Beloved
303-489-7046

Emergencies:

Bishop Kae: 720-232-1562
Mother Alice: 719-573-4904
Bishop Paul: 720-254-2083

Our Leadership:

Parish Council: Tammy Gabel, Greg Goerke, Susan Reese, Maryann Klasinski Toni Talarico
Parish Council meetings vary

Synod Delegates:

Amy Frisbee, Alice Bradley, Fr. Frank Quintana, Toni Talarico, Tammy Gabel, Linda and Frank Pavlak

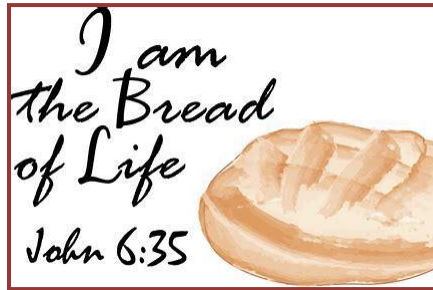
Rocky Mountain Regional Council

Representatives: Alice Bradley and Dennis Giblin. Meetings are held the 1st Thursday

Church of Beloved Ecumenical Catholic Community

19th Week of Ordinary Time

1 Kings 19:4-8, Ps 34, Ephesians 4:30 – 5:2, John 6:41-51



If a friend told you that s/he was Living Bread, given for the world, how likely is it that you would accept that announcement? It would be puzzling, to say the least, or ... insanity? And yet, that is what Jesus proclaimed to the crowds. The proclamation was not easily accepted. I think the *experience* around the table of the Last Supper would convince me more than the words. How about you?



**Mass for the Feast of the Assumption:
Thursday, August 15 at 6 p.m. in person.**

On Call for Pastoral Emergencies Schedule.

August 11-17 – Bishop Kae 720-232-1562
“On call” means available-by phone 24 hours a day for urgent concern and emergencies. If you have an urgent need in the middle of the night, please CALL, as we may not hear a text. Both Kae and Alice usually take Sunday and Monday off.

Coming Soon! On September 14th we will celebrate our Feast Day and enjoy our annual fundraiser meal and drawings for fabulous baskets! This is a great opportunity to invite the people in your life to experience our awesome beloved community, a great meal and a fun time for all! **Mass will be at 4 p.m., followed by dinner and fund-raiser fun :)**



We'll have sign up sheets this week for those who are eager to enter in to a competition for the Best Side Dish and also a sign up for those planning to attend :) Pass out fliers to your friends and family. The more, the merrier!!!



10th Mass for All Ages and Back to School Blessings for students, parents and teachers.
14th Wednesday, Social Justice Team meeting at 2 p.m.
17th Saturday, Anawim Ministry meeting 2:30pm

Ministry Teams

Social Justice –chair – rotating by project We come together monthly in prayer and discussion to discern how to distribute our community's generous tithe and offer projects for our church members to serve those in need. We meet once a month and day and time are flexible.

Marketing/Communication

Chair –Ken B

Our goal is to be seen and heard by – and then inspire – potential members of COB.

Ongoing Spiritual Formation of Kids and Adults Ministry: To form our lives on the pattern of Jesus, growing disciples of all ages Chair – vacancy

Membership and Hospitality: To build relationships among members and welcome all as God's Beloved

Liturgy and Music – To gather as the Body of Christ to give thanks, be enlivened by the Word and song, be nourished and transformed, be strengthened by community, and to be sent out to a networking waiting world. Bishop Kae and Greg 720-3232-1562, Marilyn Davey

Lector Coordinator

Linda Pavlak and Tammy

Greeter Coordinator:

Eucharistic Minister Coordinator-

Ministries of Care –

Grief and Loss - A ministry that offers support for individuals and families facing a life changing journey...Chair –vacancy

Prayer Shawl Ministry –

A healing ministry of prayer and caring by knitting, crocheting, or sewing prayer shawls/blankets. - Linda Pavlak

Anawim Ministry

LGBTQ+ (Lesbian, Gay, Bisexual, Transgender and Queer/Questioning+) support

Save the date:

September 5: 6 p.m. Rocky Mountain Regional Council at 6 p.m. on zoom.

SEPTEMBER 14TH 4 P.M. Mass, dinner and fundraiser

OCTOBER 5th - Annual Rice and Beans at 3:30 p.m.



The Colorado Council of Churches (CCC) recently hosted a three-part educational series of webinars to raise community awareness of some dimensions of the intolerance that currently plagues our Nation. **"What is Christian Nationalism,**

and why is everyone talking about it now?" presented by Iliff School of Theology's Rev. Dr. Amanda

Henderson. Video [LINK](#). [PDF](#) of a list of resources that she shared. **"What Christians need to know about Antisemitism"** presented by the Anti Defamation League's regional director, Scott Levin. Video [LINK](#). **"Why Christians should know about Islamophobia"** [VIEW](#) the recorded presentation by Ahmed Salih, a volunteer khateeb (a person who delivers the Friday sermons) at the Islamic Society of Colorado Springs. His wi-fi was spotty, so see his Powerpoint [HERE](#).

ECC Biennial Holy Synod October 10-14, 2024, Estes Park, CO

- All are welcome to attend :) Registration information was recently sent out and we need lots of local volunteers.
- Have you considered attending the synod for a day or two or the full synod? It is an infrequent and amazing opportunity that this national gathering is being held in Colorado. Meet folks from across the country, pray, learn, celebrate ECC. It is worth your investment of time and funds.
- We are in need of drivers to help transport attendees from DIA to Longmont or Estes Park. Even if you are not attending the synod, would you be willing to enjoy meeting a member of the ECC from out of state and be an angel of service? If you are willing, contact Kae.



Thank you for your food and school supply donations.

Clothing is needed for elementary-aged children at Federal Heights Elementary. New or gently used. All sizes.

King Soopers is the only chain that offers a Community Rewards program.

We have used this program for several years. Every quarter we get a notice of how much has been donated to COB.

To participate you need to have your account at Kings and sign up thru community rewards. Use your card (or phone number) when you check out and a percent of your total is donated automatically! So easy!

Get your friends and family to sign up as well, even out of staters!

ministry for members, families, and friends.

Meets on the 3rd Saturday monthly at

the Fellowship hall at 2:30PM

Contacts: Ralph at

meschkejr@g.com or 303-425-9995 and Nick at pizzafmly@aol.com or 303-929-6213

Finance Ministry

Wise stewardship of the financial resources of the community
Chairperson: Greg Goerke

Administration and Building

Maintenance Ministry: the nitty gritty support that keeps us rolling along

Pastoral Care members:

Greg Madden, Alice Bradley, Christy Chady, and Kae Madden

Home Visits/Communion-

We have both clergy and lay members who are happy to come to your home if you are sick, discouraged, isolated, or in need of a friend. Visitors may also bring Eucharist. Please contact Mother Kae or Deacon Buddy if you would like a visit and we will set it up. We do not forget you and we respect your privacy – so don't hesitate to request a visit. Visits are confidential.

Listening Team

On rare occasions, when a conflict arises of a sensitive and/or ethical nature and the issue cannot be resolved by normal means, the Parish Council may engage our 3-person Listening Team, an unbiased, confidential, investigative team. At the Church of the Beloved, we want you to know your voice will be heard.

Any questions, please contact Linda Adams for information (303-978-0094)

Power of Prayer – Praying the Rosary

Mary, Jesus' Mother has asked we pray the rosary for peace. We pray a weekly Rosary on Thursdays at 7PM on our regular zoom link. *Thank you.*



And/or pray the Rosary with the Church of Holy Family on Wednesdays at 6:00 pm. with Cara Thompson Join Church of the Holy Family's Zoom Meeting: [link](#).

Church Council News:

Your council will be having a meeting Tuesday August 20 at 4 pm in the Fellowship Hall. These meetings are open to all. All are welcome.

COB Formal Membership

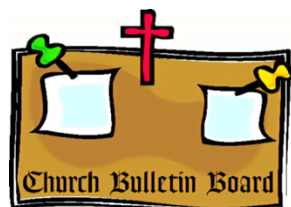
Are you interested in becoming a formal member of the Church of the Beloved Community? Want to know more about what that means? Text, call or email Mother Alice



Midweek Mass:

Remember that we are celebrating Mass together via zoom on Wednesday mornings at 9:30 a.m. See the zoom link below.

Reminder: audio recordings of the gospel proclamation and the homily are available on our website– to listen again or tune in if you missed it.



What do you want to post on a bulletin board at the church?: education, opportunities, thank you notes, etc. And if you want to post something, send it to Pat



Centering Prayer/Meditation And Labyrinth

Sunday August 3rd at 7:00 AM. near the labyrinth. Bring your own lawn chair. All are welcome. Contact Mother Alice for more info.

PREPARATION FOR LITURGY.

In person: We are grateful to be together and enjoying gathering in person. As you know, masks are optional. We have colored bracelets that can indicate your comfort level with hugs – green, yellow, and red.

Zoom-ers: There is a worship aid attached so that you may participate fully.

If you are unable to join us in person, as you prepare your sacred space at home, you may want to “set your table” with a beautiful GREEN cloth, bring a cross, a candle, bread and wine/juice.

For those who are so moved, we invite you to pray the prayer of Spiritual Communion:

Oh my Jesus, I turn toward the holy tabernacle in my heart where You live and love me. I love you. Come and visit me with Your grace. Spiritually come more fully into my heart. Purify me. Sanctify me. Make me more like You. May I receive You in your fullness and reflect You in the world. Amen

You are welcome to email the link below to friends and family, and please refrain from posting it on social media for security. It remains the same for every liturgy.

Quick Links



ECC link: <http://www.rmrc-ecc.com>

COB link
<https://churchofthebeloved-ecc.org>

Facebook:
www.Facebook.com/ChurchOfTheBelovedECC

Instagram:
<https://www.instagram.com/churchofthebelovedecc/nstagram>

USER NAME:
churchofthebelovedecc

Bishop Kae is available by appointment Tuesday through Saturday and on call 24/7 unless notified otherwise.

Bishop Kae's email is:
pastor@churchofthebeloved-ecc.org
maddengk@msn.com

Pat: Church Key: 303-452-1553
Announcements in the bulletin must be in by Wednesday before distribution on Friday.
Pat's email: rpt1553@aol.com

For Mass: Join Zoom meeting

<https://us02web.zoom.us/j/7195735454?pwd=VTI4V2ZYSVZrSzdSODE0Ull3emRjZz09>

If you would like **to dial in by phone without video**, call 1 346 248 7799. You will then be asked to enter the Meeting ID: 719 573 5454
Passcode if requested: 10500

HOW TO SIGN UP FOR MINISTRIES ON OUR WEBSITE: Here are the steps to the new ministry signup process (which is through our COB website):

1. Register with your name and email and create a password at <https://churchofthebeloved-ecc.org/register/>
 2. Click on your name in the lower right corner, then click on the "Sign Up" button.
 3. Select the signup(s) you'd like to sign up for, then scroll to the top and click "Save and Continue." It will automatically add your name and email address. However, if you are signing up for another family member, you can change this information.
- You will need to be logged in to see the signup list and add/delete signups. The URL that can be bookmarked for this (after registering) is: <https://churchofthebeloved-ecc.org/signup>. If you are not logged in, it will prompt you to do so. If you have questions, contact Christy. Thank you!



God – help me to overcome the dread of changes. I need to see the advantages of moving to new places, meeting new friends and exploring new ideas.

A well-adjusted person can make the same mistake twice without getting nervous.