



September 5, 2026

*To Love and Be Loved  
An Inclusive Community  
welcoming each and all as  
the beloved of God. We  
are ecumenical; we  
celebrate the rich heritage  
of Catholic spirituality while  
honoring all spiritual  
traditions. We strive for  
justice and peace and  
respond to the call of  
discipleship by loving  
deeply and in prayer and  
service.*

Contacts:

Church of the Beloved

303-489-7046

Emergencies:

Bishop Kae: 720-232-1562

Mother Alice: 719.573.4904

Mother Christy:

303.437.1147

Our Leadership:

Parish Council: Susan  
Reese, Jeannie Truillo,  
Ralph Reschke, and  
Tammy Gabel, Amy Frisbie.  
Greg will continue as our  
Treasurer only

# Church of the Beloved Ecumenical Catholic Community

## The 23rd Week of Ordinary Time

### Readings

Ezekiel 33:7-9, Psalm 95, Romans 13:8-10, and Matthew 18:15-20

### Practice of Forgiveness



Practicing forgiveness allows us  
to be free from what tethers us  
to our hurts. Begin a daily  
practice to release these  
constrictive chains so that we  
can dance freely and joyfully with all in God's  
kin\*dom.

### *Daily practice ideas:*

1. Daily examen
2. Journaling
3. Loving-kindness meditation
4. Gratitude practice
5. Act of kindness
6. Verbal statements ("I release this hurt...")
7. Offer self-compassion

### **ON CALL FOR PASTORAL EMERGENCIES SCHEDULE**

Mother Alice is on call through Saturday, Sept. 5<sup>th</sup>

Bishop Kae is on call Sunday, Sept. 6- Sat. Sept 12<sup>th</sup>.

Mother Alice is on call Sunday, Sept. 13- Sat. Sept 19<sup>th</sup>

Please **call** if during the night, as I may not hear a text notification.

**Needed:** Additional Eucharistic Ministers and A/V Ministry volunteers. Training is provided. Both ministries are essential for our community to thrive and be present to all. [Speak to Greg G about Eucharistic Ministry or](#) Bishop Kae about A/V.

### **AT A GLANCE**



**Sept 6<sup>th</sup> Sunday, 7 a.m.** Labyrinth Walk and Centering Prayer

**Sept. 7<sup>th</sup> Regional Prayer** and picnic 11am to 2 p.m.

**Sept 8, Tuesday at 6:15** Parish Council

**Sept. 9, Wednesday 2:00 p.m.** Social Justice

**Sept. 12, Saturday, Feast Day**

**Sept 15 Ladies Luncheon, Cheddars, 11:30am**

**Sept 22<sup>nd</sup> Tuesday, 6:30 pm** Pastoral Care Team

**Sept. 26<sup>th</sup> Saturday,** Retirement reception for Mother Alice following Mass

### Synod Delegates:

House of Laity: Linda Land-Closson (alternate), Sara Bobak, Kelly Johnson, Lorraine Gutierrez

House of Pastors: Mother Christy and Amy Frisbie

### Rocky Mountain Regional Council Representatives:

Mother Christy and Dennis Giblin. Meetings are held the 1st Thursday

### See the website for Ministry Teams

### Home Visits/Communion-

We have both clergy and lay members who are happy to come to your home if you are sick, discouraged, isolated, or in need of a friend. Visitors may also bring Eucharist. Please contact Mother Alice if you would like a visit and we will set it up. We do not forget you and we respect your privacy – so don't hesitate to request a visit. Visits are confidential. Pastoral care team members: Aleta, Maureen, Mary, Cabrini, Margaret, and our clergy.

### Listening Team

On rare occasions, when a conflict arises of a sensitive and/or ethical nature and the issue cannot be resolved by normal means, the Parish Council may engage our 3-person Listening Team, an unbiased, confidential, investigative team. At the Church of the Beloved, we want you to know your voice will be heard.



**Please join us for the Rocky Mountain Region picnic on Monday, September 7th, from 11:00 am to 2:00 pm, at E. B. Rains Park.** The park is located at 11701 Community Center Drive, Northglenn, CO 80203. Cold sandwiches, plates, utensils, and paperware will be provided. We ask that you bring a side dish and your

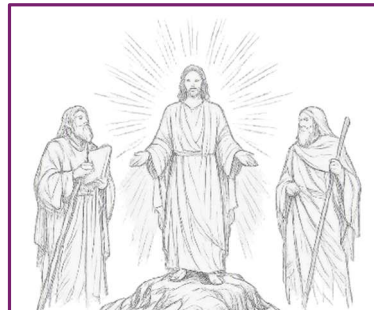
own drinks. **Please sign up on Signup Genius**

**(<https://www.signupgenius.com/go/10C0D4BAEAD23A4F49-65306187-rocky>) to let us know you will be coming by Friday, September 4<sup>th</sup>.** This will give us a head count of people who are planning to attend so that we can order enough food.

Seating is limited so please plan on bringing your own chair. We are planning a prayer service for our event. There will also be an informal gathering for Synod delegates. There will be games available for kids and adults. If you would like to bring an outdoor game or two, that would be appreciated. No alcohol is permitted and we cannot have an open fire because of the drought conditions.

Questions? Contact Dennis

We hope to see everyone there for the Rocky Mountain Regional Council. Dennis and Christy



### **“YOU ARE MY BELOVED.”**

**Saturday, Sept. 12 – our Feast Day celebration:**

**Mass for All Ages and potluck**

**We'll set up the round tables in the sanctuary for Mass and to share our meal. Many hands make light work!**

**The Prayer Shawl Ministry** is gearing up for our yearly Fall Hats and Scarves Social Justice Project. We welcome handmade and store bought donations. May we donate from our hearts so that our Sisters and Brothers, in need, will feel the warmth of God's Love for them in the upcoming winter months. Collection date TBD.

**Growing Home is our Food Bank** for

September. <https://growinghome.org/get-involved/donate/>

They are in need of non-perishable foods that can be brought to the church in the month of September.

Sincerely, The Social Justice Ministry

## Durable Medical Equipment closet:

The NUCC and COB share a closet of equipment to loan out: Wheelchairs, walkers, crutches, commodes, toilet raisers, etc. Contact us to borrow or donate equipment.



ECC link: <https://www.rmrc-ecc.com>

COB link

<https://churchofthebelovedecc.org>

Facebook:

[www.facebook.com/ChurchOfTheBelovedECC](https://www.facebook.com/ChurchOfTheBelovedECC)

Instagram:

<https://www.instagram.com/churchofthebelovedecc/nstagram>

USER NAME:

churchofthebelovedecc

Interested in what is going on around the ECC? ECC Facebook page for members only.

ECC has a private FB page, for ECC members only and we would love for you to consider joining and making posts on the page.



## CHURCH COUNCIL NEWS

*Our next regional council meeting is Thursday, October 1st at 6 p.m. on zoom. Contact Dennis or Christy for the zoom link.*

### Save the Date:

**Annual Fundraiser**

**Saturday, October 24, 2026 at 1:00 p.m.**

Dinner and baskets to win.

Details will follow shortly.

Volunteers to help with securing gifts for baskets, making baskets, set up and tear down please contact: Mary U

## OUR CHURCH SIGN PLANTER



*Thank you to all who brought soil for the planter. If you wanted to bring some soil in, it's not too late...we are so close to filling it and there will be some compaction. Again, thank you for all the soil.*

**Are You CPR/AED Certified?** Please let one of the Pastoral Team or Parish Council Members know. We'd like to get an idea of how many and which of our members are certified and will likely be arranging for a certification/recertification training soon.

Mary, Jesus', Mother, has asked us to pray for Peace. [We pray a weekly Rosary on Thursdays at 7PM](#) on our regular zoom link. Please join us. Thank you.

And/or pray the Rosary with Church of Holy Family on Wednesdays at 6:00 pm. with Cara Thompson. Join Church of the Holy Family's Zoom Meeting: [link](#)



**Feeling A Pinch: \$ Need Assistance???** In these days, members may need some help making ends meet. We stand with our members; your distress is our distress. Truly. If you are experiencing food insecurity, need help with prescription costs, partial rent or mortgage, funds for gas, meals, transportation, just leave a message on our church phone. Your message will be kept confidential and one of our clergy members will be in touch with you. We have financial reserves and other means for assistance. The church number is 303.489.7046



*Educational, social justice and current events as related to our gospel values and topics of interest to the entire communion, shared respectfully, will be welcomed. It is a great way for all of us to stay connected! Here is the link -then click on "join the group."*

<https://www.facebook.com/groups/1757980855035329>

Pat: Church Key Announcements in the bulletin must be in by Wednesday before distribution on Friday.



*God - help me to make my faith in You be dependent upon the things I pray for and don't get. I try to understand that You know what is best, but I often have a difficult time accepting that. Amen.*



**Centering Prayer/Meditation and Labyrinth**  
**Sunday September 6th, 7:00AM** in person and on zoom. All are welcome. No experience necessary just a desire to be in God's deep silence in community.

**Support for our neighbors:** Colorado Rapid Response Network  
Hotline 1-844-864-8341. See our website for more information.

**Reminder:** Audio recordings of the gospel proclamation and the homily are available on our website– to listen again or tune in if you missed it.

**Another Reminder** If for some reason you don't receive the bulletin, please let me know....Pat

**COB FORMAL MEMBERSHIP.** Are you interested in becoming a formal member of the Church of the Beloved Community? Want to know more about what that means? Text, call/ email Mother Alice



What do you want to post on a bulletin board at the church? Education, opportunities, thank you notes, etc. And if you want to post something, send it to Pat.

**For Mass: Join Zoom meeting**

<https://us02web.zoom.us/j/7195735454?pwd=VTI4V2ZYSVZrSzdSODE0Ull3emRjZz09>

If you would like to dial in by phone without video, call 1 346 248 7799. You will then be asked to enter the Meeting ID: 719 573 5454  
Passcode if requested: 10500