



September 7, 2024  
5:00 PM

### **To Love and Be Loved**

*An Inclusive Community welcoming each and all as the beloved of God. We are ecumenical; we celebrate the rich heritage of Catholic spirituality while honoring all spiritual traditions. We strive for justice and peace and respond to the call of discipleship by loving deeply and in prayer and service.*

### **Contacts:**

Church of the Beloved  
303-489-7046  
Emergencies:  
Bishop Kae: 720-232-1562  
Mother Alice: 719-573-4904  
Bishop Paul: 720-254-2083

### **Our Leadership:**

Parish Council: Tammy Gabel, Greg Goerke, Susan Reese, Maryann Klasinski Toni Talarico  
Parish Council meetings vary

### **Synod Delegates:**

Amy Frisbee, Alice Bradley, Fr. Frank Quintana, Toni Talarico, Tammy Gabel, Linda and Frank Pavlak

### **Rocky Mountain Regional Council**

**Representatives:** Alice Bradley and Dennis Giblin. Meetings are held the 1st Thursday

# Church of Beloved Ecumenical Catholic Community

23<sup>rd</sup> Week of Ordinary Time

Readings: Isaiah 35:4-7A, Psalm 146, James 2:1-5, Mark 7:31-37



*Jesus looked up to heaven and groaned, and said to him, "Ephphatha!" – that is, "Be opened!" – And immediately the deaf man's ears were opened, his speech impediment was removed, and he spoke plainly. Mark 7:34-35*

"We all have ears, but very often we cannot hear. There is, in fact, an interior deafness worse than the physical one: the deafness of the heart that we can ask Jesus to touch and heal today." Pope Francis

### **On Call for Pastoral Emergencies Schedule.**

Mother Alice is on call Sept 1 – 7 719.573.4904

Bishop Kae on call Sept 8- 14. 720.232.1562

"On call" means available-by phone 24 hours a day for urgent concern and emergencies. If you have an urgent need in the middle of the night, please CALL, as we may not hear a text. Both Kae and Alice usually take Sunday and Monday off.

**Coming Soon! On September 14<sup>th</sup> we will celebrate our Feast Day and enjoy our annual fundraiser meal and drawings for fabulous baskets!** This is a great opportunity to invite the people in your life to experience our awesome beloved community, a great meal and a fun time for all! **Mass will be at 4 p.m., followed by dinner and fund-raiser fun : )**



**Sign up at church or respond to the email you received.**

**Pass out fliers to your friends and family. The more, the merrier!!!**

**Fr. Len Schreiner will lead a one day retreat at Center for Contemplative Living in Denver, Sat. Sept. 28, 9:30 – 3:30 pm. *Journeys Ended***

***–Journeys Begun***, an in-person retreat day reflecting on the relationships, teachings and dreams that shaped us but could not hold us forever. With Len as our guide, and facilitators Polly Baca and Rev. Jane Reina by our side, we'll explore our personal journeys to greater intimacy with God. The



## Ministry Teams

**Social Justice** –chair – rotating by project We come together monthly in prayer and discussion to discern how to distribute our community's generous tithe and offer projects for our church members to serve those in need. We meet once a month and day and time are flexible.

## Marketing/Communication

Chair –Ken B

Our goal is to be seen and heard by – and then inspire – potential members of COB.

**Ongoing Spiritual Formation of Kids and Adults Ministry:** To form our lives on the pattern of Jesus, growing disciples of all ages Chair – vacancy

**Membership and Hospitality:** To build relationships among members and welcome all as God's Beloved

**Liturgy and Music** – To gather as the Body of Christ to give thanks, be enlivened by the Word and song, be nourished and transformed, be strengthened by community, and to be sent out to a networking waiting world. Bishop Kae and Greg 720-3232-1562, Marilyn Davey

## Lector Coordinator

Linda Pavlak and Tammy

## Greeter Coordinator:

## Eucharistic Minister Coordinator-

## Ministries of Care –

**Grief and Loss** - A ministry that offers support for individuals and families facing a life changing journey...Chair –vacancy

## Prayer Shawl Ministry –

A healing ministry of prayer and caring by knitting, crocheting, or sewing prayer shawls/blankets. - Linda Pavlak

## Anawim Ministry

LGBTQ+ (Lesbian, Gay, Bisexual, Transgender and Queer/Questioning+) support

roadmap includes • Our youthful beginnings, • When we danced through darkness, • How we embraced our true self and found greater intimacy, • Where we are in 2024, learning to navigate chaos to a new creation. Register at Center's website. \$75 (includes luncheon and snacks) INFO: 720-684-7353.

## ECC Synod at Estes Park - Ribbon

**Project** - The ECC Synod Planning Team is inviting all ECC members to participate/contribute to the Ribbon Project whether or not you will be attending the Synod in Estes Park in October. Ribbons are waiting for all



ECC members so you can mark them with your hopes and dreams for passing the Torch at the Synod. Ribbons are available in the Fellowship Hall after Mass for you to mark up. They will be transported up to Estes Park for the Synod for you if you are unable to attend the Synod in person. There will be a beautiful Torch sculpture filled with the colorful ribbons representing the hopes and dreams of all ECC members. If you are unable to attend Mass to write on a ribbon just contact a Parish Council member or delegate who will fill out a ribbon for you. COB delegates thank you advance for your participation in this project.



**10<sup>th</sup> Parish Council at 4 p.m. All are welcome**  
**SEPTEMBER 14<sup>th</sup> 4 P.M. Mass, dinner and fundraiser**  
17<sup>th</sup> Ladies Lunch – Doug's Diner 136<sup>th</sup> and Colorado Blvd. 12pm

OCTOBER 5<sup>th</sup> - Annual Rice and Beans at 3:30 p.m.



**The Prayer Shawl Ministry, PSM**, is looking forward to share our gifts and talents for the upcoming Hats and Scarves 2024 Social Justice project. We invite anyone who would like to participate by making or donating Hats and Scarves, , kids and adult sizes. Our collection date is October 26, 2024

## ECC Biennial Holy Synod October 10-14, 2024, Estes Park, CO

- All are welcome to attend : ) Registration information was recently sent out and we need lots of local volunteers.
- **9 a.m. Sunday Morning Mass at Synod**  
**All are invited to attend the Synod Mass on Sunday October 13th at 9am in Hyde Chapel at the YMCA of the Rockies Camp in Estes Park.** (You do not need to pay the synod daily registration fee in order to attend this Mass in person or remotely. ) Bishop Paul is the presider and Deacon Besem Oben Etchi, PhD will be the homilist and keynote speaker.
- The Mass will be broadcast on YouTube and will be THE Sunday morning Mass for the entire ECC. Those who live in Colorado, even if you are doing nothing else at Synod, are invited to join in person. Take a drive up to Estes Park, meet others in the ECC from around the nation,

ministry for members, families, and friends.

Meets on the 3rd Saturday monthly at

the Fellowship hall at 2:30PM

Contacts: Ralph at

[reschkeir@g.com](mailto:reschkeir@g.com) or 303-425-9995

and Nick at [pizzafmly@aol.com](mailto:pizzafmly@aol.com) or

303-929-6213

### Finance Ministry

Wise stewardship of the financial resources of the community

Chairperson: Greg Goerke

### Administration and Building

**Maintenance Ministry:** the nitty gritty support that keeps us rolling along

### Pastoral Care members:

Greg Madden, Alice Bradley, Christy Chady, and Kae Madden

### Home Visits/Communion-

We have both clergy and lay members who are happy to come to your home if you are sick, discouraged, isolated, or in need of a friend. Visitors may also bring Eucharist. Please contact Mother Kae or Deacon Buddy if you would like a visit and we will set it up. We do not forget you and we respect your privacy – so don't hesitate to request a visit. Visits are confidential.

### Listening Team

On rare occasions, when a conflict arises of a sensitive and/or ethical nature and the issue cannot be resolved by normal means, the Parish Council may engage our 3-person Listening Team, an unbiased, confidential, investigative team. At the Church of the Beloved, we want you to know your voice will be heard.

make a joyful noise praising God, and join in the worship of Mass like no other. Kids and young people are especially welcome : ) Our God is good. If you have any questions, please contact Fr. Teri Harroun at Light of Christ ([pastor@lightofchristecc.org](mailto:pastor@lightofchristecc.org)).

- We are in need of drivers to help transport attendees from DIA to Longmont or Estes Park. Even if you are not attending the synod, would you be willing to enjoy meeting a member of the ECC from out of state and be an angel of service? If you are willing, contact Kae.



**Food bank for September is the Community Table in Arvada.** They can use canned meat, fish, vegetables, fruit, soups, sauces, jams, jellies, and peanut butter. They also can use personal care items: soap, shampoo, deodorant toothpaste and brushes, etc.

### Power of Prayer – Praying the Rosary

Mary, Jesus' Mother has asked we pray the rosary for peace.

We pray a weekly Rosary on Thursdays at 7PM on our regular zoom link. *Thank you.*



And/or pray the Rosary with Church of Holy Family on Wednesdays at 6:00 pm. with Cara Thompson Join Church of the Holy Family's Zoom Meeting: [link](#).

### Church Council News:

Your council will be meeting Tuesday, September 10<sup>th</sup> in the Fellowship Hall. These meetings are open to all. All are welcome

### COB Formal Membership

Are you interested in becoming a formal member of the Church of the Beloved Community? Want to know more about what that means?

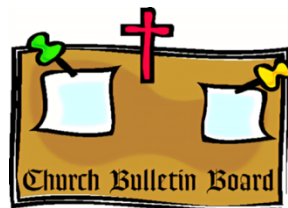
Text, call or email Mother Alice at 719-573-4904 [alice.bradley@UCDenver.edu](mailto:alice.bradley@UCDenver.edu)



### Midweek Mass:

Remember that we are celebrating Mass together via zoom on Wednesday mornings at 9:30 a.m. See the zoom link below.

**Reminder:** audio recordings of the gospel proclamation and the homily are available on our website– to listen again or tune in if you missed it.



What do you want to post on a bulletin board at the church?: education, opportunities, thank you notes, etc. And if you want to post something, send it to Pat



### Centering Prayer/Meditation And Labyrinth

Sunday Se at 7:00 AM. Bring your own lawn chair. All are welcome. Contact Mother Alice for more info.

**PREPARATION FOR LITURGY.**

## Quick Links



ECC link: <http://www.rmrc-ecc.com>

COB link  
<https://churchofthebeloved-ecc.org>

Facebook:  
[www.Facebook.com/ChurchOfTheBelovedECC](http://www.Facebook.com/ChurchOfTheBelovedECC)

Instagram:  
<https://www.instagram.com/churchofthebelovedecc/nsiragram>  
USER NAME:  
churchofthebelovedecc

Bishop Kae is available by appointment Tuesday through Saturday and on call 24/7 unless notified otherwise.

Bishop Kae's email is:  
[pastor@churchofthebeloved-ecc.org](mailto:pastor@churchofthebeloved-ecc.org)  
[maddengk@msn.com](mailto:maddengk@msn.com)

Pat: Church Key: 303-452-1553  
Announcements in the bulletin must be in by Wednesday before distribution on Friday.  
Pat's email: [rpt1553@aol.com](mailto:rpt1553@aol.com)

In person: We are grateful to be together and enjoying gathering in person. As you know, masks are optional. We have colored bracelets that can indicate your comfort level with hugs – green, yellow, and red.

Zoom-ers: There is a worship aid attached so that you may participate fully.

If you are unable to join us in person, as you prepare your sacred space at home, you may want to “set your table” with a beautiful GREEN cloth, bring a cross, a candle, bread and wine/juice.

*For those who are so moved, we invite you to pray the prayer of Spiritual Communion:*

*Oh my Jesus, I turn toward the holy tabernacle in my heart where You live and love me. I love you. Come and visit me with Your grace. Spiritually come more fully into my heart. Purify me. Sanctify me. Make me more like You. May I receive You in your fullness and reflect You in the world. Amen*

You are welcome to email the link below to friends and family, and please refrain from posting it on social media for security. It remains the same for every liturgy.

For Mass: Join Zoom meeting

<https://us02web.zoom.us/j/7195735454?pwd=VTI4V2ZYSVZrSzdSODE0UII3emRjZz09>

If you would like **to dial in by phone without video**, call 1 346 248 7799. You will then be asked to enter the Meeting ID: 719 573 5454  
Passcode if requested: 10500

**HOW TO SIGN UP FOR MINISTRIES ON OUR WEBSITE:** Here are the steps to the new ministry signup process (which is through our COB website):

1. Register with your name and email and create a password at <https://churchofthebeloved-ecc.org/register/>
  2. Click on your name in the lower right corner, then click on the “Sign Up” button.
  3. Select the signup(s) you’d like to sign up for, then scroll to the top and click “Save and Continue.” It will automatically add your name and email address. However, if you are signing up for another family member, you can change this information.
- You will need to be logged in to see the signup list and add/delete signups. The URL that can be bookmarked for this (after registering) is: <https://churchofthebeloved-ecc.org/signup>. If you are not logged in, it will prompt you to do so. If you have questions, contact Christy. Thank you!





*God – forgive me for the sin of indifference  
and put me to work to help those less  
fortunate than I.*

*School days are the happiest days of your  
life – provided of course your kids are old  
enough to go.*