



July 4, 2026

*To Love and Be Loved
An Inclusive Community
welcoming each and all as
the beloved of God. We
are ecumenical; we celebrate
the rich heritage of Catholic
spirituality while honoring all
spiritual traditions. We strive
for justice and peace and
respond to the call of
discipleship by loving deeply
and in prayer and service.*

Contacts:

Church of the Beloved
303-489-7046

Emergencies:

Bishop Kae: 720-232-1562

Mother Alice: 719.573.4904

Mother Christy:

303.437.1147

Our Leadership:

Parish Council: Susan
Reese, Jeannie Truillo,
Ralph Reschke, and *Tammy
Gabel*, Amy Frisbie. *Greg
will continue as our
Treasurer only.*

Synod Delegates:

House of Laity: Linda Land-
Closson

House of Pastors: Mother
Christy and Amy Frisbie

Church of the Beloved Ecumenical Catholic Community

The 14th Week of Ordinary Time

Zeph 9:9-10; Ps 145, Romans 8:9, 11-13; Matthew 11:25-30



Celebrating Independence Day invites us to consider to whom or what are we “yoked,” both individually and collectively. Contemplating our checkered history of slavery, detention, racism, oppression, corporate greed, exclusion, exploitation of immigrants and poor, we feel the weight of our sins. **Jesus invites us to put on the yoke of DISCIPLESHIP**, and his grace and guidance will lighten the load and steer us in the direction of love and peace and inclusion. The path assuredly will not be easy, and, partnered with Jesus, we commit to put our shoulder into the work of kin*dom building.

JULY 4th regular 5 p.m. Mass will be contemplative including silent prayer for ourselves and for our country.

On Call for Pastoral Emergencies Schedule.

Bishop Kae on call from June 28th-July 11th 720-232-1562

THANK YOU to all who participated in and supported the ordination of Fr. Mike Weil. It was a wonderful celebration of the regional ECC,

Pastoral Care Visits: We have a great team of trained visitors ready to bring love to your home or wherever you are. Are you interested in a

Rocky Mountain Regional Council Representatives: Mother Christy and Dennis Giblin. Meetings are held the 1st Thursday

See the website for Ministry Teams

Home Visits/Communion-

We have both clergy and lay members who are happy to come to your home if you are sick, discouraged, isolated, or in need of a friend. Visitors may also bring Eucharist. Please contact Mother Alice if you would like a visit and we will set it up. We do not forget you and we respect your privacy – so don't hesitate to request a visit. Visits are confidential.

Listening Team

On rare occasions, when a conflict arises of a sensitive and/or ethical nature and the issue cannot be resolved by normal means, the Parish Council may engage our 3-person Listening Team, an unbiased, confidential, investigative team. At the Church of the Beloved, we want you to know your voice will be heard.

Durable Medical Equipment closet: The NUCC and COB share a closet of equipment to loan out: Wheelchairs, walkers, crutches, commodes, toilet raisers, etc. Contact us to borrow or donate equipment.

Care

visit? For no reason? To chat? To share your burden? To break up monotony? Contact Kae, Christy or Alice and we'll connect you.

AT A GLANCE



- 9th Social Justice Ministry at 2 p.m.
- 14th Parish Council at 6: 15 p.m.
- 16th Ladies Lunch Culvers 11:30AM
- 19th Labyrinth and Centering Prayer at 7 a.m. in person and on zoom

Save the Date:

Sept.7 Regional ECC Picnic and Prayer, Labor Day, mid-day, EB Rains Park

Immaculate Heart of Mary Catholic Parish's Stewardship Center/food bank (IHM). Their primary requests are: soup, tuna fish, Top Ramen noodles, and rice. Please place your donations in the bins at the back of church. You may also make a monetary donation on line at: www.ihmco.org. Thank you in advance for your generosity. Social Justice Ministry.



Linda and Frank are renewing their wedding vows in celebration of their 50th anniversary at the July 25th Mass. Dinner celebration follows. A Lasagna entree and cake will be catered. Please bring a side to share. See their Invite on the Bulletin Board.

COB Delegates to the ECC Holy Synod. The ECC Holy Synod will be held Oct 9-12, 2026 in Minnesota. We are still in need of 2 COB (lay) delegates to attend the synod on our behalf although thankfully 3 members are in discernment. Please contact Bishop Kae or Mother Christy or Dennis if you think the Spirit might be nudging you to consider... Our community has budgeted and will assist in the expenses of attending synod as needed.

Are You CPR/AED Certified? Please let one of the Pastoral Team or Parish Council Members know. We'd like to get an idea of how many and which of our members are certified and will likely be arranging for a certification/recertification training soon.

CHURCH COUNCIL NEWS



Next meeting is July 14th at 6:15 PM in the Fellowship Hall. All are welcome!

Our next regional council meeting is Thursday, August 6 at 6 p.m. on zoom. Contact Dennis or Christy for the zoom link.



Mary, Jesus', Mother, has asked us to pray for Peace. [We pray a weekly Rosary on Thursdays at 7PM](#) on our regular zoom link. Please join us. Thank you. And/or pray the Rosary with Church of Holy Family on Wednesdays at 6:00 pm. with Cara Thompson. Join Church of the Holy Family's Zoom Meeting: [link](#)



ECC link: <https://www.rmrc-ecc.com>

COB link

<https://churchofthebeloved-ecc.org>

Facebook:

www.Facebook.com/ChurchOfTheBelovedECC

Instagram:

<https://www.instagram.com/churchoft>

[hebelovedecc/nstagram](https://www.instagram.com/hebelovedecc)

USER NAME:

churchofthebelovedecc

Interested in what is going on around the ECC? ECC Facebook page for members only.

ECC has a private FB page, for ECC members only and we would love for you to consider joining and making posts on the page.

Educational, social justice and current events as related to our gospel values and topics of interest to the entire communion, shared respectfully, will be welcomed. It is a great way for all of us to stay connected! Here is the link -then click on "join the group."

<https://www.facebook.com/groups/1757980855035329>

Pat: Church Key Announcements in the bulletin must be in by Wednesday before distribution on Friday.

Feeling A Pinch: \$ Need Assistance??? In these days, members may need some help making ends meet. We stand with our members; your distress is our distress. Truly. If you are experiencing food insecurity, need help with prescription costs, partial rent or mortgage, funds for gas, meals, transportation, just leave a message on our church phone. Your message will be kept confidential and one of our clergy members will be in touch with you. We have financial reserves and other means for assistance. The church number is 303.489.7046



Centering Prayer/Meditation and Labyrinth

Sunday July 19th 7:00AM in person and on zoom. All are welcome. No experience necessary just a desire to be in God's deep silence in community.

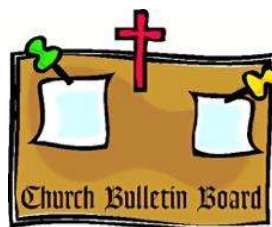
Support for our neighbors: Colorado Rapid

Response Network Hotline 1-844-864-8341. See our website for more information.

Reminder: Audio recordings of the gospel proclamation and the homily are available on our website— to listen again or tune in if you missed it.

Another Reminder If for some reason you don't receive the bulletin, please let me know....Pat

COB FORMAL MEMBERSHIP. Are you interested in becoming a formal member of the Church of the Beloved Community? Want to know more about what that means? Text, call/ email Mother Alice



What do you want to post on a bulletin board at the church? Education, opportunities, thank you notes, etc. And if you want to post, send it to Pat.

For Mass: Join Zoom meeting

<https://us02web.zoom.us/j/7195735454?pwd=VTI4V2ZYSVZrSzdSODE0Ull3e mRjZz09>

If you would like to dial in by phone without video, call 1 346 248 7799. You will then be asked to enter the Meeting ID: 719 573 5454

Passcode if requested: 10500



Dear Lord - May I never forget the sacrifices that have been made for the freedom and liberty I enjoy. I pray that the Stars and Stripes will wave forever. Amen

If you were to list the ten smartest people you know, who would be the other nine??